

What is Abacus?

An independent organisation providing individual, personal and confidential support. Our experienced counsellors are trained in many aspects of counselling and all comply with the Ethical Framework laid down by the British Association of Counselling and Psychotherapy.

What services does Abacus offer?

Confidential one-to-one counselling offering interventions to:

- Relationships
- Family mediation
- Counselling in Schools
- Loss and bereavement
- Anxiety and depression

What is Counselling?

In a counselling session, an individual, couple or family group meets with a counsellor to work through a problem or some issues they wish to explore which are causing them distress.

Do I need an appointment?

Yes, telephone us and you will be connected to a counsellor who will ask for a few details and arrange for someone to see you, normally within 48 hours.

What happens next?

Appointments will be made to see clients people in our counselling suite in Coventry Council House .

How much does it cost?

Hourly Sessions cost £50 for individuals and £60 for couples. Within sessions the client and counsellor have an opportunity to explore how they might work together on whatever issues are important.

BACS payment

Details on request.

Please refer to our COVID19 Statement